

Hoyman Minx Hong, M.D.
Interventional Physiatry
Saint Francis Spine Center
900 Hyde Street
San Francisco, CA 94109

Dr. Minx Hong earned his medical degree from Wayne State University in Detroit, MI where he was born and raised. He completed his internship in Internal Medicine at UCSF-Fresno located in the central valley. He then trained in Physical Medicine and Rehabilitation at Stanford University Hospital in Palo Alto, CA. He underwent further subspecialized training in interventional physiatry specifically for spine and sports medicine at the prestigious Hospital for Special Surgery in New York City. His training focused on developing inter-disciplinary approaches to conditions and diseases that affect the spine and peripheral musculoskeletal system.

The skills that Dr. Hong has learned reflect his philosophy of aggressive diagnosis and conservative care. His training focused on incorporating state of the art fluoroscopic diagnostic and therapeutic procedures (within the framework of a spinal rehabilitative program) with the goal of relieving symptoms and maximizing function. Dr. Hong will work very closely with Spine Center and Sports Medicine physicians as well as other health care providers in developing a comprehensive non-surgical treatment plan.

He is specifically trained in cervical and lumbar fluoroscopically guided epidural steroid, facet, medial branch block and radiofrequency denervation, lumbar discography, intradiscal electrothermal therapy (IDET), and intradiscal radiofrequency nuclear ablation (nucleoplasty). He also performs and interprets electrodiagnostic studies.

Dr Hong is board certified in Physical Medicine and Rehabilitation and is board eligible in Electrodiagnostic Medicine.

His research interests include the further study of nonsurgical, minimally invasive treatments for degenerative disc disease as well as osteoarthritis of the spine and peripheral joints.

He is a member of the North American Spine Society and Physiatric Association of Spine, Sports and Occupational Rehabilitation.